

#1

"People tossed their garbage into the streets. At night, pigs were let loose to eat it all. You would certainly watch where you stepped when you were going somewhere!" (p. 74)

#2

Rule: "In the presence of others, sing not to yourself, nor drum with your fingers or feet."

(p. 75)

#3

"People didn't brush their teeth as much as today. The toothbrushes they did use were made by fraying the end of a twig. There was no toothpaste. They used salt, sand, and even ground-up bricks to clean their teeth... Most colonists were toothless by the age of twenty. They blamed it on tea drinking and eating warm bread." (p. 74)

#4

Rule: "Use no reproachful language against anyone, neither curses or reviling (insults)." (p. 75)

#5

“When it was mealtíme, adults used chairs to sit at the table. The children were expected to stand while they ate. Eventually each family member had enough furníture so everyone could be seated.” (p. 74)

#6

Rule: "Gaze not at the blemishes of others, and ask not how they came." (p. 75)

#7

"Children didn't speak to adults (even their parents) without being spoken to first. Speaking out of turn could be punished with the rod (a stick)." (p. 74)

#8

Rule: "Show not yourself glad
at the misfortunes of others."

(p. 75)

#9

"People draped big cloth napkins over [their shoulders] to wipe their hands on while they ate. They didn't use forks, but used their fingers to feed themselves most of the time. Forks were only used to hold meat on the trencher [platter] for cutting. It was considered bad manners to put food into your mouth with a fork." (p. 74)

#10

Rule: "Every action in company ought to be a sign of respect to those present." (p. 75)

#11

"Public punishment created plenty of excitement in colonial towns. Criminals were put in stocks, paraded through town in chains and handcuffs, or even hanged at the gallows in front of everyone... Public officials thought that if people saw someone punished, they wouldn't commit a crime themselves."

(p. 116)

#12

Rule: "Speak not when others speak, and sit not when others stand." (p. 75)